

St. Paul Lutheran School, West Point, Nebraska
(20-0703)

Step 1- Extent Local Wellness Policy Complies with USDA Requirements and
Compares to a Model Policy Tracking Tool

Component	Description
Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.	<ul style="list-style-type: none"> • Alliance for a Healthier Generation 10-step Checklist • The WellSAT 3.0 School Assessment Tool
Areas of Strength:	1. Standards for UDSA Child Nutrition Programs & School Meals
	2. Nutrition Standards for Competitive and Other Foods & Beverages
	3. Implementation, Evaluation & Communication
Opportunities for Improvement	1. Nutrition Education
	2. Physical Education and Physical Activity
	3. Wellness Promotion and Marketing
As a result of the comparison, was new language adopted in the LSWP?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
If yes, briefly describe what was adopted (include page numbers for new language if possible), Have the changes been approved by the school board?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <p>In doing our assessment we found that most language that was added to the policy was in fact included from 2016-217 through the 2020-2021 school year. It was removed from 2021-2022 thought 2022-2023 when it was added back in.</p>

Component	Description
	<p>We did add new language in the following places:</p> <p>Page 1 the date of the board approval</p> <p>Page 1 the intro was added showing our partnership with Guardian Angels Central Catholic (GACC) and stating the we follow the guidelines of the NDE and that the students are offered recommended foods and serving sizes per guidelines and that those guidelines can be found in the GACC kitchen office.</p> <p>Page 1 Verbiage added to show access to free filtered drinking water at all times during the school day and at lunch during mealtimes at GACC.</p> <p>Page 2 Statement regarding neither we or GACC offer breakfast & a vegetable and fruit bar is offered at lunch with no charge for seconds.</p> <p>Page 2 Statement regarding Free & Reduced Price applications being available to all families at any time both online or in the school office.</p> <p>Page2 Statement regarding students with unpaid meal balances will not have lunch withheld from them and that all effort is made to ensure no social stigma is attached to or that those students will be identified by others.</p> <p>Page 2-5 All this verbiage was in previous wellness policies until 2021-2023 when it was added back in. Too Much to enter here but discusses School Staff Qualifications, Sharing of Foods * Beverages, Items sold individually, Snacks & treats, Rewards, School-Sponsored Events, Promotion & Marketing, Physical Activity & Phys Ed Recess, Communication with Parents Staff Wellness, Fundraising, Wellness Policy Monitoring, Updating, Review & Assessment.</p>

Component	Description
	<p>Page 5 Verbiage added where to find the policy in the school office as well as online under Wellness and in the Student Handbook (both online and in the school office).</p> <p>Page 5 Date added when adopted, updated, revised & approved.</p>
<p>Describe the next steps for strengthening your LSWP.</p>	<p>We went through all the verbiage needed to be a complete policy, viewed what our current policy had, what our past policies had. We included all that was needed and in line with the beliefs of our synod.</p>

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Discussion/Notes: