

Eagle Cheerleaders

Coach: Morgan Jacobsen

To our cheerleaders, I, as your child's coach, pledge to work hard and do the best we can do to help your child grow as a cheerleader, and more importantly, as a person. Cheerleaders, thank you for participating. Parents, thank you for allowing your child to participate in St. Paul Lutheran Cheerleading Club.

Practices: Will be on Wednesday (dates listed on calendar) from 3:45 to 4:15. Information will be shared through REMINDME APP please add if you do not have. Cheerleading 18/19 with code: a67f72.

Game days: On game days that we will cheer at, cheer outfits may to school.

Uniforms: Please fill out undergarment information and return with a check for \$20.00 to St. Paul's Lutheran School by November 9th. Leggings or tight shorts must be worn under skirt at all times (black, white, or navy) are allowed. Tennis shoes are also to be worn during game. Bows are allowed also as long as they are school colors.

Home Games: If home games are after school and cheerleaders need a place to be until the game, Miss

Muench has graciously offered to let them hang out in her room until cheer time. Please make sure to be respectful and appreciative of this offer. Cheerleaders are to not be wandering in the hall or other parts of the school before games. Please back a snack or send money for concession stands to allow cheerleaders to eat before game or after game. We are not eating during the game or during half time. Please also send a water bottle. We will meet 10 minutes before hand in Miss Muench's room before game time.

Social Media: All cheerleaders are required to be mindful of what is said and posted on social media sites such SnapChat, Facebook, Twitter, Youtube, e-mail, text, or any others forms of social media. Any violation of using these social media sites by posting inappropriate pictures or statements will be met with discipline determined by coach.

Grades: Grades are very important and you will need to keep them up in order to cheer. We will be following St. Paul Lutheran School's code of conduct in order to cheer.

Any other question you may contact me at 402-380-0097 or through the REMINDME APP.

Thank you!

Morgan Jacobsen

December

2018

Cheerleading

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			November - 28 Cheerleading 3:45 - 4:15			1
2	3	4	5 Cheerleading 3:45 - 4:15	6	7	8
9	10	11	12 Cheerleading 3:45 - 4:15	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

January

2019

Sed interdum elementum

Nam id velit non risus consequat iaculis.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Cheerleading Camp 10:30 - 12:00	8 Little + Big 5:50 Cheer at 6:00	9	10 Big 4:15 Cheer at 4:30	11	12
13	14	15	16	17 Little + Big 5:20 Cheer at 5:30	18	19
20	21	22 Big at 5:50 Cheer at 6:00	23	24	25	26
27	28	29	30	31 Big @ 5:20 Cheer at 5:30		

Size	Bust
YXS (Youth Extra Small)	22"
YS (Youth Small)	24"
YM (Youth Medium)	26"
YL (Youth Large)	28"
S (Adult Small)	34"
M (Adult Medium)	36"
L (Adult Large)	38"
XL (Adult Extra Large)	42"
XXL (Adult Extra Extra Large)	46"

Name: _____

Size: _____

_____, does not need one
she already has one. Thank you.