

## St. Paul Lutheran Club Girls Basketball (5th-8th grade)

**COACHES:** Emily Muench and Dustin Kaup

To our players, we, as your child's coaches, pledge to work hard and do the best we can do to help your child grow as a basketball player, and more importantly, as a person. Players, thank you for participating. Parents, thank you for allowing your child to participate in St. Paul Lutheran Club basketball.

**PRACTICES:** 5th-8th grade practices will be held on Monday, Tuesday, Thursday, and Friday from 5:30-7:00. You are part of a team. Your teammates and coaches rely on you to attend practice. If a player should miss practice for any reason, the player or the player's parents must notify the coaches prior to practice. Players should be dressed, stretched, and ready to start practice at the designated time.

**GAME DAYS:** On all game days, warm up shirts or dress up attire may be worn. Attire must be appropriate and adhere to St. Paul Lutheran School's dress code policy. We will decide, as a team, if we will be wearing dress up attire or warm up shirts at the practice before our next game. **We are part of a team and represent St. Paul Lutheran Ministries. We want to look and act like a team. Every time we walk into another school or gym, we make a statement – WE ARE A TEAM!**

**AWAY GAMES:** Leave time from school will be announced. We will also put directions in the school office. Please make sure to have a water bottle for your child. It is the parent's responsibility to find a ride for your child if you are not able to attend. Cell phones will not be allowed on the way to or from the games, or at the games. This is time for team bonding. If a parent needs to get a hold of a player, that parent can contact the coaches.

**HOME GAMES:** Players are welcome to stay after school until the game begins. The player must remain in Ms. Muench's classroom until game time. It is usually good to pack a light snack to eat right after school before our game. A team players are expected to be in the gym at the start of the B game and vice versa. Players sit together with their teammates on our side of the bleachers and support their teammates. There will be no use of cell phones during these games. Players should be cheering on their fellow teammates. Phones should be stored in their lockers, with parents, or in their bags. Teammates on the bench and in the stands should be the loudest and most positive fans!

**UNIFORMS:** Uniforms will be handed out by the coaches shortly before our first game. Uniforms are expected to be washed and returned in good condition.

**GRADES:** As an athlete you are first and foremost a student. Grades are very important and you need to keep them up in order to play. Please be honest with your coaches and if you need to stay after school to do homework, do it! We will be following St. Paul Lutheran School's code of conduct in order to play.

**PLAY TIME:** Playtime will not be equal, Play time will be based upon attendance at practice, a player's work ethic while at practice, a player's attitude, and a player's ability to be a good teammate.

**SOCIAL MEDIA:** All players are required to be mindful of what is said and posted on social media sites such as SnapChat, Facebook, Twitter, YouTube, via e-mail, text, or any other forms of social media. Any violation of using these social media sites by posting inappropriate pictures or statements will be met with discipline determined by the coaches.

**TEAM ATTITUDE:** It is an expectation that our players are respectful to their teammates, coaches, other teams, and officials. Our players are to show good sportsmanship at all times! We represent St. Paul Lutheran Ministries and our community. Disrespectful verbal or non-verbal communication will not be tolerated. It will be up to the coaches' discretion as to how to deal with any violation of this expectation.

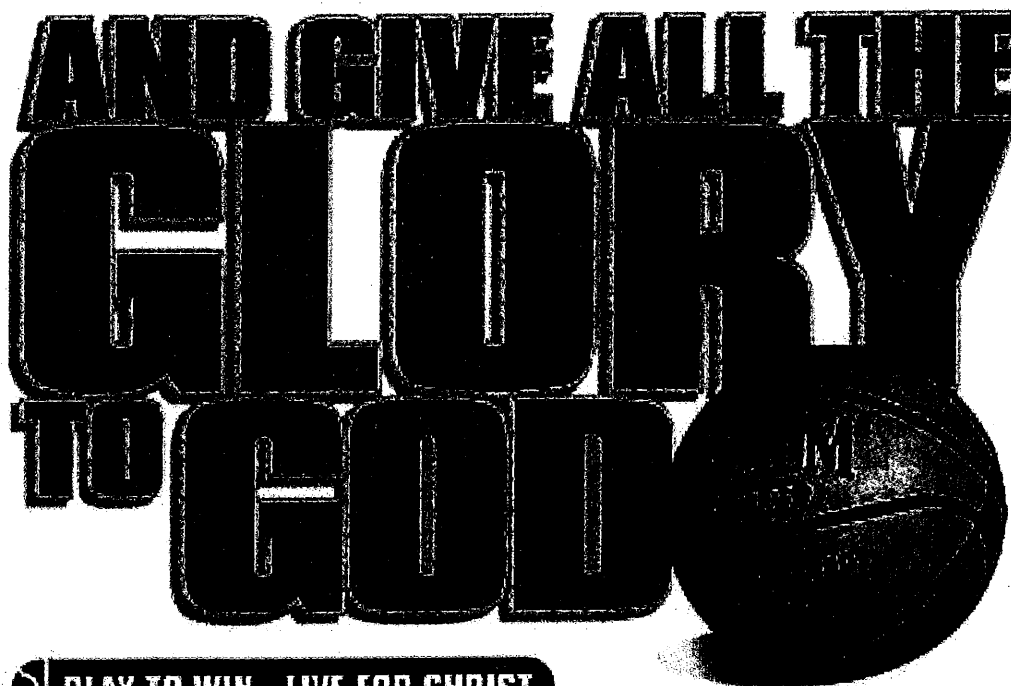
**C-CLUB:** Once again, we represent St. Paul Lutheran Ministries. We will show the highest respect for other teams, facilities, coaches, and officials. A curfew will be set on the night before game days. Players are expected to be in their own room, quiet, with the lights off, by the time set by their coaches. We will be attending one of the church services as a team either Saturday night or Sunday morning. Which service the team attends will be decided by coaches, and dependent upon game schedules. Boy and girl players will not be allowed to be in a hotel room together unless supervised by an adult.

**Contact Information:** Thank you for letting us be a part of your daughter's sports experience and we look forward to a great season ahead! If you have any questions please do not hesitate to contact us by email, phone, or in person.

Dustin Kaup Phone: 402-380-2876 Email: [kaupie85@hotmail.com](mailto:kaupie85@hotmail.com)

Emily Muench Phone: 308-380-4137 Email: [emuench@stpaulwpne.org](mailto:emuench@stpaulwpne.org)

**Remind:** We will be using the Remind app to send out reminders/changes if there are any! This comes through as a text message to your phone. Instructions will be handed out at the first practice. If you have any questions on how to get set up on it please do not hesitate to ask and Ms. Muench can help you!



**PLAY TO WIN - LIVE FOR CHRIST**

"Be excited, O God, above the heavens, and let your glory be over all the earth." Psalm 108:5