

St. Paul Lutheran Ministries Girls Volleyball 2024

(3rd-8th grade)

Schedule—See attached for games. Most updated calendar can be found on the school website under the Gym Use/Rental calendar.

Practice Attire—Shorts that meet the required length for school, t-shirt/tank, kneepads, gym shoes and water bottle.

Practice Schedule—Monday thru Thursday from 4:00-5:30. Open gyms are from 2:30-3:30. May practice on Friday if needed before tournament.

Away Games—Leave time from school will be announced. Please make sure to have water bottle and uniforms. It is parent's responsibility to find a ride for your child if you are not able to attend.

Home Games—Girls are welcome to stay at library and then come to gym when coach says.

Uniforms—Uniform tops will be provided. Please wash and hang dry to help preserve the life of them. Players are asked to provide their own black shorts for games.

Dress Code Attire on Game Days—Players are to wear khakis and their warmup.

Grades—As an athlete you are first and foremost a student. Grades are very important and you need to keep them up in order to play. Please be honest with coaches and if you need to stay after school to do homework, do it! We will be following St Paul Lutheran School's code of conduct in order to play.

Playing time—Play time is based on ability, attendance at practice and work ethic/attitude at practice.

Cell Phones—Players are expected to put their phones in their bags when carpooling to games. Also put phones away between games and support your other teammates that are playing.

Scoreboard/Line Judging—We ask that each player line judge or do scoreboard if you are not currently playing. Service hours will be awarded.

Concessions/Gate—We ask that each family sign up for 2 shifts. Siblings can help as well. If you don't sign up, shifts will be assigned.

Sports Physicals— Each 7th & 8th grade player must have a current sports physical on file in the school office before you can practice or play.

St. Paul Ministries Athletic Parent Agreement – Each player must have a signed St. Paul Ministries Athletic Parent Agreement along with the \$25.00 fee to your coach before your first practice.

Communication—Coaches will use the Remind app. Please sign up for that.

Coaches

Kelly Leeper – 402-590-6525

Kari Penrose – 402-380-4567