

# St. Paul Lutheran Ministries Girls Volleyball (5<sup>th</sup>-8<sup>th</sup> grade)

**Coaches:** Becca Weborg, Emily Muench

**Schedule:** See attached schedule for games and practices.

**Practice Attire:** Shorts that meet the required length for school, Tshirt/Tank, Kneepads, Gym shoes, and a water bottle.

**Practice Schedule:** Monday, Tuesday, Thursday, Friday 3:30-5:00 unless otherwise notified.

**Away Games:** Leave time from school will be announced. Please make sure to have a water bottle for your child. It is the parent's responsibility to find a ride for your child if you are not able to attend.

**Home Games:** Students are welcome to stay after school until the game begins; however they must remain in Ms. Muench's classroom until game time. It is usually good to pack a light snack to eat right after school before our game.

**Uniforms:** Uniforms will be handed out by the coaches shortly before our first game. Uniforms are expected to be washed and returned in good condition. We are getting NEW uniforms for the 2021 season. Please wash and HANG DRY to help preserve the uniforms longer. Players are asked to provide their own black spandex shorts for games.

**Dress Code Attire on Game Days:** All volleyball players will be asked to wear khakis and their warm up.

**Grades:** As an athlete you are first and foremost a student! Grades are very important and you need to keep them up in order to play. Please be honest with us coaches and if you need to stay after school to do homework, do it! We will be following St. Paul Lutheran School's code of conduct in order to play.

**Playtime:** Playtime will be based on ability, attendance at practice, and work ethic/attitude at practice.

**Cell Phones:** Players are expected to put their phones in their bags when carpooling to games. We ask that they also put their phones away between games for team bonding at tournaments. Also, when we have duals, we ask that they put them away to support either the A or B team.

**Scoreboard/Line Judging:** We ask that each player line judge or work at scoreboard during A or B games that they are not suited up for. Service hours will be awarded.

**Contact Information:** Thank you for letting us be a part of your daughter's sports experience and we look forward to a great season ahead! If you have any questions please do not hesitate to contact Becca Weborg or Emily Muench.

Becca: 402-922-1393

Emily: 308-380-4137